LCO No. 2917

AN ACT PROTECTING HEALTH CARE FAIRNESS AND AFFORDABILITY.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- 1 Section 1. (NEW) (Effective January 1, 2019) On or before January
- 2 first, annually, the Insurance Commissioner shall provide the
- 3 Commissioner of Revenue Services a list of each mandated health
- 4 benefit that applies to health insurance policies delivered or issued for
- 5 delivery in this state.
- 6 Sec. 2. Subsection (b) of section 20-7f of the general statutes is
- 7 repealed and the following is substituted in lieu thereof (Effective
- 8 *January 1, 2019*):
- 9 (b) It shall be an unfair trade practice in violation of chapter 735a for
- 10 any health care provider or facility to request payment from an
- 11 enrollee, other than a coinsurance, copayment [,] or deductible, [or
- 12 other out-of-pocket expense,] for (1) health care services or a facility
- 13 fee, as defined in section 19a-508c, covered under a health care plan, (2)
- 14 emergency services covered under a health care plan and rendered by
- 15 [an out-of-network] a nonparticipating health care provider, or (3) a
- surprise bill, as defined in section 38a-477aa, as amended by this act.
- 17 Sec. 3. Section 38a-21 of the general statutes is repealed and the
- 18 following is substituted in lieu thereof (*Effective July 1, 2018*):
- 19 (a) As used in this section:
- 20 (1) "Commissioner" means the Insurance Commissioner.

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(2) "Mandated health benefit" means [an existing statutory obligation of, or] proposed legislation that would require [,] an insurer, health care center, hospital service corporation, medical service corporation, fraternal benefit society or other entity that offers individual or group health insurance or a medical or health care benefits plan in this state to [: (A) Permit an insured or enrollee to obtain health care treatment or services from a particular type of health care provider; (B) offer or provide coverage for the screening, diagnosis or treatment of a particular disease or condition; or (C)] offer or provide coverage for a particular type of health care treatment or service, or for medical equipment, medical supplies or drugs used in connection with a health care treatment or service. ["Mandated health benefit" includes any proposed legislation to expand or repeal an existing statutory obligation relating to health insurance coverage or medical benefits.]

(b) (1) There is established within the Insurance Department a health benefit review program for the review and evaluation of any mandated health benefit that is requested by the joint standing committee of the General Assembly having cognizance of matters relating to insurance. Such program shall be funded by the Insurance Fund established under section 38a-52a. The commissioner shall be authorized to make assessments in a manner consistent with the provisions of chapter 698 for the costs of carrying out the requirements of this section. Such assessments shall be in addition to any other taxes, fees and moneys otherwise payable to the state. The commissioner shall deposit all payments made under this section with the State Treasurer. The moneys deposited shall be credited to the Insurance Fund and shall be accounted for as expenses recovered from insurance companies. Such moneys shall be expended by the commissioner to carry out the provisions of this section and section 2 of public act 09-179.

(2) The commissioner [shall] <u>may</u> contract with The University of Connecticut Center for Public Health and Health Policy <u>or an actuarial accounting firm</u> to conduct any mandated health benefit review

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requested pursuant to subsection (c) of this section. [The director of said center may engage the services of an actuary, quality improvement clearinghouse, health policy research organization or any other independent expert, and may engage or consult with any dean, faculty or other personnel said director deems appropriate within The University of Connecticut schools and colleges, including, but not limited to, The University of Connecticut (A) School of Business, (B) School of Dental Medicine, (C) School of Law, (D) School of Medicine, and (E) School of Pharmacy.

- (c) Not later than August first of each year, the joint standing committee of the General Assembly having cognizance of matters relating to insurance shall submit to the commissioner a list of any mandated health benefits for which said committee is requesting a review. Not later than January first of the succeeding year, the commissioner shall submit a report, in accordance with section 11-4a, of the findings of such review and the information set forth in subsection (d) of this section.
- (d) The review report shall include at least the following, to the extent information is available:
- 74 (1) The social impact of mandating the benefit, including:]

- (c) Not later than April first of any year, the joint standing committee of the General Assembly having cognizance of matters relating to insurance may, upon a majority vote of its members, require the commissioner to conduct one review of not more than ten mandated health benefits. The committee shall submit to the commissioner a list of the mandated health benefits to be reviewed.
 - (d) Not later than January first of the first calendar year following the commissioner's receipt of a list described in subsection (c) of this section, the commissioner shall submit a mandated health benefit review report, in accordance with section 11-4a, to the joint standing committees of the General Assembly having cognizance of matters relating to insurance and public health. Such report shall include an

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- 87 <u>evaluation of the quality and cost impacts of mandating each listed</u> 88 benefit, including:
- [(A)] (1) The extent to which the treatment, service or equipment, supplies or drugs, as applicable, is utilized by a significant portion of the population;
- [(B)] (2) The extent to which the treatment, service or equipment, supplies or drugs, as applicable, is currently available to the population, including, but not limited to, coverage under Medicare, or through public programs administered by charities, public schools, the Department of Public Health, municipal health departments or health districts or the Department of Social Services;
- 98 [(C)] (3) The extent to which insurance coverage is already available 99 for the treatment, service or equipment, supplies or drugs, as 100 applicable;
- [(D) If the coverage is not generally available, the extent to which such lack of coverage results in persons being unable to obtain necessary health care treatment;
- 104 (E) If the coverage is not generally available, the extent to which 105 such lack of coverage results in unreasonable financial hardships on 106 those persons needing treatment;
- 107 (F) The level of public demand and the level of demand from 108 providers for the treatment, service or equipment, supplies or drugs, 109 as applicable;
- 110 (G) The level of public demand and the level of demand from 111 providers for insurance coverage for the treatment, service or 112 equipment, supplies or drugs, as applicable;
- 113 (H) The likelihood of achieving the objectives of meeting a 114 consumer need as evidenced by the experience of other states;
- (I) The relevant findings of state agencies or other appropriate

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- public organizations relating to the social impact of the mandated health benefit;
- (J) The alternatives to meeting the identified need, including, but not limited to, other treatments, methods or procedures;
- 120 (K) Whether the benefit is a medical or a broader social need and 121 whether it is consistent with the role of health insurance and the 122 concept of managed care;
- 123 (L) The potential social implications of the coverage with respect to 124 the direct or specific creation of a comparable mandated benefit for 125 similar diseases, illnesses or conditions;
- 126 (M) The impact of the benefit on the availability of other benefits 127 currently offered;
- (N) The impact of the benefit as it relates to employers shifting to self-insured plans and the extent to which the benefit is currently being offered by employers with self-insured plans;]
- [(O)] (4) The impact of making the benefit applicable to the state employee health insurance or health benefits plan; [and]
- [(P)] (5) The extent to which credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community determines the treatment, service or equipment, supplies or drugs, as applicable, to be safe and effective; [and]
- [(2) The financial impact of mandating the benefit, including:]

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- [(A)] (6) The extent to which the mandated health benefit may increase or decrease the cost of the treatment, service or equipment, supplies or drugs, as applicable, over the next five years;
 - [(B)] (7) The extent to which the mandated health benefit may increase the appropriate or inappropriate use of the treatment, service or equipment, supplies or drugs, as applicable, over the next five years;

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- [(C)] (8) The extent to which the mandated health benefit may serve as an alternative for more expensive or less expensive treatment, service or equipment, supplies or drugs, as applicable;
- [(D)] (9) The methods that will be implemented to manage the utilization and costs of the mandated health benefit;
- [(E)] (10) The extent to which insurance coverage for the treatment, service or equipment, supplies or drugs, as applicable, may be reasonably expected to increase or decrease the insurance premiums and administrative expenses for policyholders;

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- [(F)] (11) The extent to which the treatment, service or equipment, supplies or drugs, as applicable, is more or less expensive than an existing treatment, service or equipment, supplies or drugs, as applicable, that is determined to be equally safe and effective by credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community;
- [(G)] (12) The impact of insurance coverage for the treatment, service or equipment, supplies or drugs, as applicable, on the total cost of health care, including potential benefits or savings to insurers and employers resulting from prevention or early detection of disease or illness related to such coverage;
- [(H)] (13) The impact of the mandated health care benefit on the cost of health care for small employers, as defined in section 38a-564, and for employers other than small employers; and
- [(I)] (14) The impact of the mandated health benefit on cost-shifting between private and public payors of health care coverage and on the overall cost of the health care delivery system in the state.
 - (e) The joint standing committees of the General Assembly having cognizance of matters relating to insurance and public health shall conduct a joint informational hearing following their receipt of a mandated health benefit review report submitted by the commissioner pursuant to subsection (d) of this section. The commissioner shall

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- attend and be available for questions from the members of the
- 177 <u>committees at such hearing.</u>
- Sec. 4. Section 38a-477aa of the general statutes is repealed and the
- following is substituted in lieu thereof (*Effective January 1, 2019*):
- 180 (a) As used in this section:

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- 181 (1) "Emergency condition" has the same meaning as "emergency medical condition", as provided in section 38a-591a;
- 183 (2) "Emergency services" means, with respect to an emergency 184 condition, (A) a medical screening examination as required under 185 Section 1867 of the Social Security Act, as amended from time to time, 186 that is within the capability of a hospital emergency department, 187 including ancillary services routinely available to such department to 188 evaluate such condition, and (B) such further medical examinations 189 and treatment required under said Section 1867 to stabilize such 190 individual, that are within the capability of the hospital staff and 191 facilities;
- (3) "Facility" means an institution providing health care services on an inpatient basis including, but not limited to, a hospital and other licensed inpatient center, ambulatory surgical or treatment center, skilled nursing center, residential treatment center, diagnostic, laboratory and imaging center, and rehabilitation and other therapeutic health care center;
 - (4) "Facility-based provider" means a health care provider who provides health care services, including, but not limited to, pathology, anesthesiology, emergency room care, radiology and laboratory services, in an inpatient or ambulatory facility setting and arranged by such facility by contract or agreement with the health care provider as part of the facility's general business operations;
- [(3)] (5) "Health care plan" means an individual or a group health insurance policy or health benefit plan that provides coverage of the type specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-

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- 207 469;
- [(4)] (6) "Health care provider" means an individual licensed to provide health care services under chapters 370 to 373, inclusive,
- chapters 375 to 383b, inclusive, and chapters 384a to 384c, inclusive;
- [(5)] (7) "Health carrier" means an insurance company, health care
- 212 center, hospital service corporation, medical service corporation,
- 213 fraternal benefit society or other entity that delivers, issues for
- 214 delivery, renews, amends or continues a health care plan in this state;
- [(6)] (8) (A) "Surprise bill" means a bill for health care services, other
- 216 than emergency services, received by an insured for services rendered
- by [an out-of-network] a nonparticipating health care provider, where
- 218 such services were rendered by such [out-of-network]
- 219 nonparticipating provider at [an in-network] a participating facility,
- 220 during a service or procedure performed by [an in-network] a
- 221 participating provider or during a service or procedure previously
- approved or authorized by the health carrier and the insured did not
- 223 knowingly elect to obtain such services from such [out-of-network]
- 224 <u>nonparticipating</u> provider.
- 225 (B) "Surprise bill" does not include a bill for health care services
- 226 received by an insured when [an in-network] a participating health
- 227 care provider was available to render such services and the insured
- 228 knowingly elected to obtain such services from another health care
- 229 provider who was [out-of-network] <u>nonparticipating</u>.
- 230 (b) (1) No health carrier shall require prior authorization for
- 231 rendering emergency services to an insured.
- 232 (2) No health carrier shall impose, for emergency services rendered
- 233 to an insured by [an out-of-network] a nonparticipating health care
- 234 provider, a coinsurance, copayment [,] or deductible [or other out-of-
- 235 pocket expense] that is greater than the coinsurance, copayment [,] or
- 236 deductible [or other out-of-pocket expense] that would be imposed if
- 237 such emergency services were rendered by [an in-network] a

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238 participating health care provider.

- [(3) (A) If emergency services were rendered to an insured by an out-of-network health care provider, such health care provider may bill the health carrier directly and the health carrier shall reimburse such health care provider the greatest of the following amounts: (i) The amount the insured's health care plan would pay for such services if rendered by an in-network health care provider; (ii) the usual, customary and reasonable rate for such services; or (iii) the amount Medicare would reimburse for such services. As used in this subparagraph, "usual, customary and reasonable rate" means the eightieth percentile of all charges for the particular health care service performed by a health care provider in the same or similar specialty and provided in the same geographical area, as reported in a benchmarking database maintained by a nonprofit organization specified by the Insurance Commissioner. Such organization shall not be affiliated with any health carrier.]
- 254 (3) If emergency services were rendered to an insured by a
 255 nonparticipating health care provider or nonparticipating facility, as
 256 applicable, such nonparticipating health care provider or
 257 nonparticipating facility shall bill the health carrier directly and the
 258 health carrier shall reimburse such nonparticipating health care
 259 provider or nonparticipating facility pursuant to Section 2719A of the
 260 Public Health Services Act.
 - (4) The carrier shall issue an explanation of benefits to the insured that explains payment and any payment responsibility of the insured. The carrier shall include a statement in the explanation of benefits that it is an unfair trade practice in violation of chapter 735a for any health care provider or facility to request payment from an enrollee, other than a coinsurance, copayment or deductible for (A) health care services or a facility fee, as defined in section 19a-508c, covered under a health care plan, (B) emergency services covered under a health care plan and rendered by a nonparticipating health care provider or nonparticipating facility, or (C) a surprise bill. The explanation of

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- 271 benefits shall include the following statement: "If you receive a bill
- 272 from a provider or facility regarding payment for services in excess of
- 273 your responsibilities pursuant to this explanation of benefits please
- 274 contact us.".
- [(B)] (5) Nothing in this [subdivision] subsection shall be construed
- 276 to prohibit [such] a health carrier and [out-of-network] a
- 277 nonparticipating health care provider or facility from agreeing to a
- 278 greater reimbursement amount for the health care services described in
- 279 <u>subdivision (2) of this subsection</u>.
- (c) With respect to a surprise bill:
- 281 (1) An insured shall only be required to pay the applicable
- 282 coinsurance, copayment [,] or deductible [or other out-of-pocket
- 283 expense] that would be imposed for such health care services if such
- services were rendered by [an in-network] a participating health care
- 285 provider; and
- 286 (2) A health carrier shall reimburse the [out-of-network] facility,
- 287 <u>nonparticipating</u> health care provider or insured, as applicable, for
- 288 health care services rendered at the in-network rate under the
- insured's health care plan as payment in full, unless such health carrier
- 290 and <u>facility or</u> health care provider, as the case may be, agree
- otherwise. <u>The carrier shall issue an explanation of benefits to the</u> insured that explains payment and any payment responsibility of the
- insured. The carrier shall include a statement in the explanation of
- benefits that it is an unfair trade practice in violation of chapter 735a
- 295 for any health care provider or facility to request payment from an
- 296 enrollee, other than a coinsurance, copayment or deductible for (A)
- 297 health care services or a facility fee, as defined in section 19a-508c,
- 298 covered under a health care plan, (B) emergency services covered
- 299 <u>under a health care plan and rendered by a nonparticipating health</u>
- 300 care provider or nonparticipating facility, or (C) a surprise bill. The
- 301 <u>explanation of benefits shall include the following statement: "In the</u>
- 302 event that you receive a bill from a provider or facility regarding
- 303 payment for services in excess of your responsibilities pursuant to this

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explanation of benefits please contact us.".

(d) If health care services were rendered to an insured by [an out-of-network] <u>a nonparticipating</u> health care provider and the health carrier failed to inform such insured, if such insured was required to be informed, of the network status of such health care provider pursuant to subdivision (3) of subsection (d) of section 38a-591b, the health carrier shall not impose a coinsurance, copayment [,] <u>or</u> deductible [or other out-of-pocket expense] that is greater than the coinsurance, copayment [,] <u>or</u> deductible [or other out-of-pocket expense] that would be imposed if such services were rendered by [an in-network] <u>a</u> participating health care provider.

This act shall take effect as follows and shall amend the following sections:		
Section 1	January 1, 2019	New section
Sec. 2	January 1, 2019	20-7f(b)
Sec. 3	July 1, 2018	38a-21
Sec. 4	January 1, 2019	38a-477aa

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